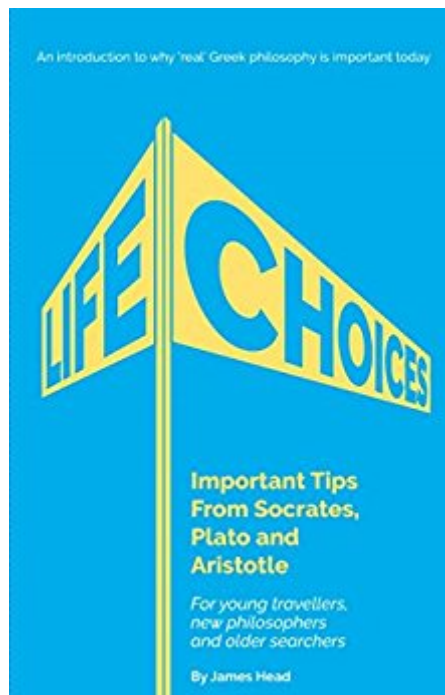




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# Life Choices: Important Tips From Socrates, Plato And Aristotle (Socrates 4 Today Book 3)



## Synopsis

Socrates asks: "Where Have You Come From and Where Are You Going?" The Greek philosopher Socrates once asked his student Phaedrus: "Where have you come from and where are you going?" and although this sounds like just a greeting between two friends; these two simple questions are really at the heart of most Greek philosophy. We all want to know how it is we got here (where did the universe come from and what is our place in it); and we all want to choose the best, most fulfilling and happiest life for ourselves in the years ahead. Whether we like it or not, at certain critical times in our lives we all have to make important and sometimes difficult Life Choices; and these choices are largely philosophical in nature. What goals should I have for my life, and what are the most important criteria for me personally when making my own unique Life Choices? These sorts of questions are explored in this book, and to help answer them, we will look at some important advice from Socrates, Plato and Aristotle. WARNING This book simply offers you a wider viewpoint on life and the kind of life you will choose for yourself. It encourages you to investigate some fundamental philosophical questions as you make your own choices and decisions. The book does not tell you how to live your life or offer you some kind of dogma about what you should or should not do. As well as being of interest to people making important Life Choices, this book will also appeal to anyone already interested in philosophy who wants to get a better understanding of why the names of Socrates, Plato and Aristotle are still so well known today some 2,400 years after these great philosophers lived. The real Greek philosophy of Socrates is less about discussing vague abstract ideas, and is much more concerned with the practical side of our lives today. Several of Plato's books are discussed in some detail including: The First Alcibiades, Phaedrus and Phaedo; and some important common themes in Plato are also looked at. Aristotle's practical philosophy about how to improve our lives and the cities we live in is also explored. By the end of this book you will have a good idea of who Socrates, Plato and Aristotle really were, and what Greek philosophy is really all about in the Socratic sense of the word. (This second edition of an earlier version of Life Choices comes with just a few edits and additions - including Stephanus line reference numbers making it easier for students and other readers wishing to look further into any of the points raised.) [Note: All author royalties and profits from the Kindle and the CreateSpace paper version of the book in 2016 and 2017 will go towards the encouragement of: a) a sustainable global population and giving all women access and empowerment to choose family planning if they wish especially in regions with high birth rates; b) more moderate and sustainable living especially in regions

of high consumption and environmental impact; c) poverty relief; and d) the further understanding of  
Ancient Greek philosophy and why it is so important today.]

## Book Information

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## Customer Reviews

I first met the author of this book, James Head while on a journey in Greece. I had heard of him as a "spiritual guide" who would meet with anyone on the journey and we met for coffee to discuss some of my ideas and wrestlings regarding the intersection of spirituality and real life and to hear some of James' views. He reminded me of Socrates' concept of the beginning point--to "Know Thyself"--to know where you are right now, today. To write your own book on your own life. Each of James' books will find new ways to connect with others in essence, to encourage each to get in touch with themselves.

I think with this wonderful little book James Head succeeds in giving his readers a taste of the spirit

that animated ancient Greek philosophy and that could be of such great worth, if rediscovered in the contemporary world. The point is: philosophy is about everyday life and the choices each of us make individually, but also as society, as we sail, like Simmias, on that raft that we have built for ourselves at the moment (an image that the author uses to great effect in his 5th and 6th essays.

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